

What to Winter Sow, Deb's Short List of Seeds

Tailored to Michigan zone 6a, these are good choices of seeds to winter sow if you are new to the winter sowing process. Check the longer seed lists if you are in a different zone.

Herbs and Veggies

Cilantro (Coriander)
Dill
Fennel
Kale
Lavender
Leafy Greens: Chard,
Mustard, Spinach
Leeks
Lettuces
Onions
Parsley
Peas
Thyme



Native plants

Arrow Aster, *Symphyotrichum sagittifolium*
Bee Balm (Lavender), *Monarda fistulosa*
Bee Balm (Red), *Monarda didyma*
Black-eyed Susan, *Rudbeckia hirta*
Blue Flax, *Linum perenne*
Five Spot, *Nemophila maculata*
Drummond's Aster, *Symphyotrichum drummondii*
Plains Coreopsis, *Coreopsis tinctoria*
Prairie Coneflower, *Ratibida columnifera*
Purple Coneflower, *Echinacea purpurea*
Swamp Milkweed, *Asclepias incarnata*
Wild Geranium, *Geranium maculatum*

Hardy Annuals

California poppy, *Eschscholzia californica*
Calendula, *Calendula incana* subsp. *maritima*
Johnny Jump-Up, *Viola tricolor*
Sweet Alyssum, *Alyssum maritimum*
Snapdragons, *Antirrhinum majus*
Nicotiana, *Nicotiana glauca*



Perennials

Agastache rugosa f. albiflora 'White Licorice'
Bachelor's button, *Centaurea montana*
Feverfew, *Tanacetum parthenium*
Feverfew, *Tanacetum parthenium* 'Tetra
White Wonder'
Forget-Me-Not, *Myosotis sylvatica*
Ox-eye Sunflower, *Heliopsis helianthoides*
Scarlet Bee Balm, *Monarda didyma*
Shasta Daisy, *Leucanthemum x superbum*
Sweet William, *Phlox divaricata* ssp. *laphamii*

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